

LSSSE Module: Student Stress and Anxiety

This module examines law student stress and anxiety—their sources, impact, and perceptions of support offered by law schools to manage stress and anxiety.

- 1. During the current school year, how would you characterize your level of law school related stress or anxiety?**
[Response options: 1=none to 7=very high]
- 2. During the current school year, to what extent are the following a source of stress or anxiety?**
[Response options: Very much, Quite a bit, Some, Very little]
 - a. Academic performance
 - b. Academic workload
 - c. Financial concerns/Student debt
 - d. Job prospects
 - e. Competition amongst peers
 - f. Classroom environment/Teaching methods
- 3. During the current school year, how has stress or anxiety impacted your law school performance (studying, in-class engagement and participation, co-curricular participation, performance on exams and other assessments)?**
[Response options: Very much, Quite a bit, Some, Very little, Not at all]
- 4. To what extent does your law school emphasize ways to effectively manage stress and anxiety?**
[Response options: Very much, Quite a bit, Some, Very little]