

Coping with COVID Topical Module (2021)

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This module, created specifically for the 2021 administration, explores the impact of the COVID-19 pandemic on students' educational experiences, mental wellness, and everyday life experiences. Perceptions of faculty and institutional responses, disruptions to educational plans, living situation details, stressors and negative emotional experiences, and changes in leisure activities and time demands are addressed.

We are interested in how you have been impacted by the COVID-19 pandemic. In the following questions, we use the phrase "the COVID-19 pandemic" to describe the time period when the pandemic affected everyday life for many people.

1. Which of the following best describes how your courses have typically been delivered during the current school year?

[Response options: Traditional, in class; Online; Hybrid (in person and online)]

2. In light of the COVID-19 pandemic, to what extent have your instructors done the following?

[Response options: Very much; Quite a bit; Some; Very little; Not at all; Not applicable]

- a. Remained positive
- b. Had reasonable expectations of students
- c. Responded appropriately to the needs of students
- d. Shown care and concern for students

3. To what extent has your institution prioritized keeping students safe and healthy during the COVID-19 pandemic?

[Response options: Very much; Quite a bit; Some; Very little; Not at all; Don't know/Unsure]

4. To what extent, if any, has the COVID-19 pandemic interfered with the following?

[Response options: Very much, Quite a bit, Some, Very little, Not at all]

- a. Your ability to succeed as a student
- b. Your plans to participate in special learning opportunities (internships, study abroad, field experiences, etc.)
- c. Your ability to pay for law school and living expenses
- d. Your preferred study environment
- e. Your preferred living situation

5. As a result of the COVID-19 pandemic, to what extent, if any, have you experienced an increase in the following?

[Response options: Very much, Quite a bit, Some, Very little, Not at all, Don't know/unsure]

- a. Mental or emotional exhaustion
- b. Depression that interfered with daily functioning
- c. Anxiety that interfered with daily functioning

- d. Feeling hopeless about your current situation
- e. Inability to concentrate
- f. Difficulty sleeping
- g. Loneliness
- h. Decline in physical health

6. As a result of the COVID-19 pandemic, to what extent, if any, has your concern about the following increased?

[Response options: Very much, Quite a bit, Some, Very little, Not at all, Don't know/unsure]

- a. Your ability to socialize
- b. Your ability to pay bills
- c. Having enough food
- d. Eviction or loss of housing
- e. Your health and safety
- f. The health and safety of friends or family
- g. Access to adequate medical care
- h. Your future opportunities (internships, externships, employment, etc.)

7. Compared to your general habits before the COVID-19 pandemic, how much time have you spent on the following activities?

[Response options: Much more; More; About the same; Less; Much less; Not applicable]

- a. Academic work
- b. Physical exercise
- c. Hobbies
- d. Consuming entertainment (music, movies, television, gaming, etc.)
- e. Socializing
- f. Working for pay
- g. Looking for work
- h. Caring for dependents or others
- i. Participating in community organizations (politics, religious groups, etc.)
- j. Sleeping